



FREQUENTLY ASKED QUESTIONS

NHYA has created a list of Frequently Asked Questions in an effort to help guide our member families through the company's COVID-19 protocols.

Q: How is NHYA making decisions regarding COVID-19?

A: NHYA's priority continues to be the health and safety of the players and coaches/ volunteer within our programs/ organization. Each decision, policy, and procedure is based on recommendations and guidance from the Center for Disease Control (CDC), and directions from local health authorities and published state guidelines.

Q: What is your current COVID-19 policy?

A: Published documentation in collaboration with NH Amateur Youth Sports Guidelines as well as NNESL can be found on our website.

Policies may be slightly different due to variations in guidelines by industry in each state. However, CDC recommendations are consistent being a federal agency.

Q: Are you implementing enhanced cleaning at your club?

A: At all of our locations, rigorous health and safety practices are being followed. Fields and indoor facilities are receiving special cleanings at increased intervals. At the heart of it all is a thorough support of handwashing practices for our staff and the children under our supervision. We have also established enhanced safety protocols for families to follow during this time. Please reference the **documentation** on our websites as listed above.

Q: What is the Return to Play policy of the club if someone is showing symptoms or has a confirmed case of COVID-19?

A: Per NH Youth Sports and CDC guidelines, person(s) with any COVID-19 symptoms, those who report close contact with someone suspected or confirmed with COVID-19, or those reporting travel risk factors should not be allowed into the sporting event:

- a. Symptomatic persons should be instructed to contact their health care provider to be tested for COVID-19 and self-isolate at home following the instructions below.
- b. Asymptomatic persons reporting close contact with someone suspected or confirmed with COVID-19, or who report one of the travel-related risk factors should self-quarantine for 14 days from their last exposure or return from travel. Even if asymptomatic persons produce a negative test result, they should still self-quarantine for the full 14 day timeframe.

Person(s) with suspect or confirmed COVID-19 must stay home until symptom based criteria are met for discontinuation of isolation:

- a. At least 10 days have passed since symptoms first appeared AND
- b. At least 3 days (72 hours) have passed since recovery. Recovery is defined as a resolution of fever off any fever reducing medications plus improvement in other symptoms.

Q: What is considered close contact?

A: Close contact is [defined by the CDC](#) as:

1. Being within approximately 6 feet (2 meters) of a COVID-19 case for a prolonged period of time and can occur while caring for, living with, visiting, or sharing a health care waiting area or room with a COVID-19 case, or
2. Having direct contact with infectious secretions of a COVID-19 case (e.g. being coughed on). Considerations when assessing close contact include the duration of exposure and the clinical symptoms of the person with COVID-19.

Q: Who are considered "household members"?

A: Anyone living, staying or working in the household on a regular basis (e.g. nannies, caregivers, home health workers, contractors, etc.) and anyone with childcare pick-up or drop off privileges.

COACHES/STAFF

Q: How is NHYA supporting coaches and staff?

A: Our coaches and staff have our full support always. Our primary focus and attention is on the well-being, health and safety of our coaches, players and families. We have implemented workplace guidelines as outlined in the NHYA Reopening Guidelines. All coaches have been provided with individual supplies to carry with them at all times during training sessions such as face coverings, nitrile gloves, and hand sanitizer.

PLAYERS/PARENTS

Q: What is the screening process for players?

A: NHYA sends communication which includes a list of required screening questions to parents/players prior to attending training sessions/games/programs for the club. We ask that parents read the screening questions and monitor their child(ren) for symptoms at home. Upon arriving to training/games/programs as part of the check-in process, players will be asked the same screening questions and attendance will be taken. ***Screening questions have been modified by the state as of August 27th, 2020.**

Screening questions include:

- Do you have any of the following symptoms of COVID-19:
 - Fever (a documented temperature of 100.4 degrees Fahrenheit or higher) or are feeling feverish;
 - Respiratory symptoms such as a runny nose, nasal congestion, sore throat, cough or shortness of breath;
 - General body symptoms such as muscle aches, chills, and severe fatigue;
 - Gastrointestinal symptoms such as nausea, vomiting, or diarrhea; or
 - Changes in your sense of taste or smell?

- Have you been in close contact with someone who is suspected or confirmed to have had COVID-19 in the past 14 days? (**Note:** Healthcare workers caring for COVID-19 patients while wearing appropriate personal protective equipment are considered to have a close contact exposure and should answer "No" to this question.)
- Have you traveled on non-essential travel in the past 14 days outside of New Hampshire, Vermont, Maine, Massachusetts, Connecticut or Rhode Island (this includes any international travel or travel by cruise ship and any domestic travel, within the US, outside of NH, VT, RI, CT, MA, or ME, regardless of the mode of transportation)?

Where we are working with young children, NHYA United asks that parents/guardians refrain from having their child(ren) attend training sessions if any of the questions prompt a response of "yes". Parents/Guardians must immediately notify their coach/ NHYA President if any of the screening questions result in a response of "yes". Player(s) and family will then be required to follow the "Return to Play" protocols.

Q: Why do players need to have a face covering with them when attending training?

A: Per the CDC, face coverings are recommended in situations where a distance of 6 feet can not be maintained. If a player requires attention from a coach (or other personnel such as a trainer, etc), we ask that both the player and staff use the face covering as a safety measure. Face coverings are not required while actively training, however NHYA asks all participants to have one with their individual equipment while attending training. Also, should a child show symptoms at training and need to be removed from the session, they will be asked to use a face covering while waiting in the isolation area for their parent/guardian to take home.

Q: NHYA guidelines state that parents are not allowed on the fields. Is there a recommended location for parents to sit during training sessions?

A: We recommend that parents/spectators remain in their vehicles during training sessions. If for some reason there is a need to exit the vehicle, we ask that you adhere to the 6-foot physical distancing guidelines. Parents/spectators are not allowed near the playing surfaces as it will affect the overall group size our training groups are limited to.

Q: If I am not comfortable with my child returning to play at this time, can I choose to return at a later date?

A: If you'd like to come back later than the scheduled re-opening date, please reach out to your NHYA President to discuss. If you are not comfortable with participating in training at this time, then don't.

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